

Italian Bean and Pasta Salad

Saint Paul Public Schools

HACCP Process: #2 Same Day Service

Number of Portions: 100

Portion Size: 1/2 cup

One portion provides: 3/4 oz eq Whole Grains AND

1/2 oz meat/meat alternate OR

1/8 cup Legumes

Ingredients	
Pasta, Whole Grain, cooked	2 1/2 gal
Pinto beans, canned, drained	1-1/2 No. 10 cans
Onions, raw, chopped	1/2 cup
Tomatoes, raw, chopped	5 1/2 cups
Green peppers, raw, chopped	5 1/2 cups
Fat-free Italian dressing	5 1/2 cups

Instructions

1. Combine all ingredients, mix well.
2. Add more dressing before serving if salad seems too dry.

Notes: Any type of fat-free Italian dressing can be used. Pasta is macaroni; penne or small shells may also be used.