



# September

## CLASSES & EVENTS 2023

**HIP HOP DANCE CLASS: Tuesday, September 12th & September 26th / 5:30-6:30PM**

Learn modern and hip-hop dance routines with Joedy Annis. Dance styles include; freestyle, pop, lock and funk. Have fun, move and groove!  
**\$10 - Ages 12 to adult**

**ACRYLIC PAINTING CLASS: Wednesday, August 13th / 5:00-6:00pm**

Brenda Waraniak will teach how to work with Acrylic paints by layering and mixing colors and creating gradations. Ideal for beginner-advanced painters.  
**\$10 / Ages 10-adult (9 and under must be accompanied by an adult)**

**KARAOKE NIGHT: Friday, September 15th from / 5:30-7:00PM**

Join us for singing and laughter as we belt out a variety of our favorite tunes. A fun night of music and dance is guaranteed! Light snacks will be available.  
**FREE / All Ages (9 and under must be accompanied by an adult)**

**OPEN STUDIO CREATIVE HOUR: Wednesday, September 20th / 3:30-4:30PM**

WITH VAL Arts for All hosts an open art studio. Bring your own project or try some of our supplies for sketching, painting, beaded jewelry-making.  
**FREE / All Ages (9 and under must be accompanied by an adult)**

**MUSIC EXPLORATION: Wednesday, September 20th / 6:00-7:00PM**

Discover instruments such as Boom whackers, Djembes, Egg Shakers, and more with music therapist ANNA NORRIS. Anna uses music to promote the physical and mental well-being of infants to adults.  
**\$10 / Ages 10-adult (9 and under accompanied by an adult)**

**MARTIAL ARTS: Thursday, September 21st / 4:00-5:00PM**

Grace Blackmer martial arts curriculum teaches traditional martial arts in a modern fitness environment AND helps you become a confident, focused individual.  
**\$10 / All Ages (if the student needs assistance moving, please bring a partner to aid)**

**SOFT YOGA with Emily: Wednesday, September 27th / 5:00-6:00 PM**

Soft yoga will help you find your perfect balance. It is a great recovery tool if you are overcoming illness or injury, or looking to relieve tension and anxiety, increase flexibility, and stretch the deep fascia.  
**\$10 / Ages 10-adult (9 and under accompanied by an adult)**

**LEARN MORE ABOUT US BY VISITING: [ARTSFORALLNMI.ORG](https://artsforallnmi.org)**

Phone: 231-947-1278 / Address: 1485 Barlow Street, Traverse City, MI 49686 Email: [info@artsforallnmi.org](mailto:info@artsforallnmi.org)