

Books for Parents and teens to check out from the WJH LMC

- *"How to talk so kids will listen & listen so kids will talk."* Adele Faber
- *"When perfect isn't good enough: strategies for coping with perfectionism."* Martin Anthony
- *"Parenting at its best: how to raise children with a passion for life."* Fred Hartley
- *"Bully busting: how to help children deal with teasing and bullying."* Evelyn Field
- *"Not much, just chillin': the hidden lives of middle schoolers."* Linda Perlstein
- *"Yes, your parents are crazy!: a teen survival guide."* Michael Bradley
- *"The ultimate survival guide for the single father."* Thomas Hoerner
- *"When we're in public, pretend you don't know me: surviving your daughter's adolescences so you don't look like an idiot and still talks to you."* Susan Borowitz
- *"Promise you won't freak out: a teenager tells her mother the truth about boys, booze, body piercing and other touchy topics (and Mom responds)."* Doris Fuller
- *"Keys to successful step fathering."* Carl Pickhardt
- *"Get out of my life, but first could you drive me and Cheryl to the mall? a parent's guide to the new teenager."* Anthony Wolf
- *"Bullying behavior: current issues, research, and intervention."* Haworth Maltreatment & trauma Press
- *"How to talk with teens about love, relationships, & S-E-X: a guide for parents."* Amy Miron

- *"What to do when someone you love is depressed."* Mitch Golant
- *"I hate you—don't leave me."* Jerold Kreisman
- *"The best little girl in the world."* Steven Levenkron
- *"Binge no more: your guide to overcoming disordered eating."* Joyce Nash
- *"New Hope for people with bipolar disorder."* Jan Fawcett
- *"Helping your depressed child: a reassuring guide to the causes and treatments of childhood and adolescent depression."* Lawrence Kerns
- *"Positive discipline for teenagers: resolving conflict with your teenage son or daughter."* Jane Nelson
- *"Graceful parenting: simple advice for raising a gentle and loving child."* Eve Dreyfus
- *"Whatever, mom: hip mama's guide to raising a teenager."* Ariel Gore
- *"Cliques: 8 steps to help your child survive the social jungle."* Charlene Giannetti
- *"Parenting your out of control teenager: 7 steps to reestablish authority and reclaim love."* Scott Sells
- *"I can't believe you went through my stuff! : how to give your teens the privacy they crave and the guidance they need."* Peter Sheras
- *"Queen bees & wannabes: helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescence."* Rosalind Wiseman
- *"Raising boys: why boys are different—and how to help them become happy and well balanced men."* Steve Biddulph
- *"How to turn boys into men without a man around the house: a single mother's guide."* Richard Bromfield
- *"Boy talk: how you can help your son express his emotions."* Marv Polce-

Lynch

- *"Girls will be girls: raising confident and courageous daughters."* Joann Deak
- *"Raising confident girls: 100 tips for parents and teachers."* Elizabeth Hartley-Brewer
- *"The baffled parent's guide to sibling rivalry."* Marian E. Borden
- *"Your angry child: a guide for parents."* Daniel L. Davis
- *"Back in control: how to get your children to behave."* Gregory Bodenhamer
- *"Don't give me that attitude!: 24 rude, selfish, insensitive things do and how to stop them."* Michele Borba
- *"How much is enough?: everything you need to know to steer clear of overindulgence and raise likeable, responsible, and respectful children."* Jean I. Clark
- *"The baffled parent's guide to stopping bad behavior."* Kate Kelly
- *"Positive discipline for working parents: raising responsible, respectful, and resourceful children when you work outside the home."* Jane Nelsen
- *"From diapers to dating: a parent's guide to raising sexually healthy children."* Debra Haffner