

# Traverse City East Middle School

1776 Three Mile Rd Traverse City, MI 49684

School Phone: 231-933-6923 Home Phone: Fax: 231-933-6998 larnerja@ejh.tcaps.net

**Superintendent**  
Jim Feil

**Principal**  
Glenn Solowiej

**Vice Principal**  
Dawn Clevenger, Jay Larner, Steve Urbanski

**Athletic Director**  
Jay Larner

## Middle School Cross Country (Coed) 2009-2010

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Wednesday	Sep. 09	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Thursday	Sep. 10	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Friday	Sep. 11	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Monday	Sep. 14	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Tuesday	Sep. 15	@ Cadillac Invite	Cadillac Invite	4:00PM
Wednesday	Sep. 16	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Thursday	Sep. 17	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Friday	Sep. 18	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Monday	Sep. 21	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Tuesday	Sep. 22	@ BNC Meet @ West High	BNC Meet @ West High	4:00PM
Wednesday	Sep. 23	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Thursday	Sep. 24	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Friday	Sep. 25	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Monday	Sep. 28	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Tuesday	Sep. 29	Traverse City West MS	Traverse City East Middle School	4:00PM
Wednesday	Sep. 30	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Thursday	Oct. 01	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Friday	Oct. 02	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Monday	Oct. 05	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Tuesday	Oct. 06	@ BNC Meet @ Petoskey	BNC Meet @ Petoskey	4:00PM
Wednesday	Oct. 07	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Thursday	Oct. 08	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Friday	Oct. 09	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Saturday	Oct. 10	@ Portage Invitational	Portage Invitational	9:00AM
Monday	Oct. 12	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Tuesday	Oct. 13	TC East CC Jamboree	Traverse City East Middle School	4:00PM
Wednesday	Oct. 14	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Thursday	Oct. 15	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Friday	Oct. 16	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Saturday	Oct. 17	@ TCC Invitational @ Courtade	TCC Invitational @ Courtade	10:00AM
Monday	Oct. 19	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Tuesday	Oct. 20	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Wednesday	Oct. 21	@ Gaylord Invitational	Gaylord Invitational	4:00PM
Thursday	Oct. 22	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Friday	Oct. 23	PRACTICE (Practice)	Traverse City East Middle School	3:00PM
Saturday	Oct. 24	@ Elk Rapids CC Invitational	Elk Rapids CC Invitational	9:00AM

